## Laverne's chapter in "Solstice Shift: Magical Blend's Synergetic Guide to the coming Age," published 1997

**Note to readers**: As I found myself having to retype this chapter, to again make it available, I was surprised at how the same message has again come around in 2019, more than twenty years later. I realize that some people went into hibernation or self-development. Others gave into the wider negative influences and became part of the negative vibrations of a world in chaos. I also realize that I was being further trained and educated for the even larger challenges of today's world. So read this with an eye to what has happened within the last two decades and what we face today.

## Weaving the Future Web by Laverne E. Denyer

It's interesting to note that with the revelations shared so far – as with our own thinking, feeling, and sensing – we have been creating a web of consciousness.

We all spin a web of awareness with our interactions, as the spider spins a web to gather the dew, to capture food, to create beauty – to interact with its outer environment. In the same way we spin a web of life: physical, mental, emotional, spiritual, and everything in between. We spin connectors between ourselves and others. All that you are and all that you do interacts with me. We are each connected to every other being on the planet, and through the dimensions to he "multiverse" and to the original source. This very intricate network of energies magically blends all of the energies together to create a powerful living circuit. When the circuits are secured and activated, our pattern flows in a productive and very rhythmic pattern. That's what we all seek: that's where we're trying to arrive. This goal hasn't been fully achieved yet, but we are making progress. At those moments when it does work, synchronicity lives. I am in sync with you, and you with my friend, and she with your plant, and all of us with her cat. When we are disconnected or are walled off, our web fluctuates, struggles, and some of the strands break. Are you a weaver or a drop-stitch? I often think of the chant that says, "We are the weavers, we are the web." We are both. We are part of what everybody else creates and the creators at the same moment. What are we weaving as we move into those changes? What will the web look like? How complex, how simple, how beautiful, how tangled will it be?

For a long time on this planet, the web that we have woven has carried a lot of pain, separation, and fear. Many of the currently incarnated souls have woven individual cocoons around themselves. Like a chrysalis, they figure that, if they withdraw into a cocoon formed from these webs of energy, they'll be safe. They withdraw. Most are still at least partially accessible, but many have completely walled themselves off. They live a nightmare of fear and pain and separation. It is said that fear is love that forgot to grow up. When we cut our threads or wrap them too tightly around ourselves, we are walling ourselves off from the possibility of that love, keeping us in fear and hate. And, when we live that way, we create prejudice, violence, and anguish with our "less than" and "win/lose" mentality. I would like to think that we are ready to move out of these isolation cells, these cocoons, to where we can freely roam the web.

For those walled off, their interconnecting threads grow weak and tattered. The separateness of their thinking and feeling are tearing at that primal fabric of life. Remember, your feelings affect me, and my feelings and actions eventually affect you. Have you ever pulled just one little corner of a spider web and seen how the rest of it vibrates? Or seen a breeze blowing through the web, or a dewdrop dropping on it? Our every thought, feeling, and action has that kind of effect. Everybody has heard of the World Wide Web (an electronic network that mirrors the web of life). By linking computes, which are mostly related to our physical brains, we have figured out how to tap the rich resources of the entire world instantaneously. Through one terminal, and individual – one mind – can access data and solicit opinions from other minds anywhere in the world – except from those who continue to be downloaded, and then shared in person with groups, or inputted back into the web, spreading that net of communication even further, so that it begins to look like a global brain.

In our own bodies, our neural net or brain - our own central processing unit - intefaces with the central nervous system, informing, distributing data, analyzing data. This neural net then communicates with the rest of the nervous system (including the autonomic nervous system) and our physical bodies in a web of constantly flowing information. Think of all the bits of information running across that neural net at any moment, and you can begin to get a picture of how the energy of life runs across the spiritual web at any moment. Experiencing the world as individuals, we interact with other beings through this complicated web of communication. Opening our awareness to this web on a physical level, through telephones, fax machines, through the Internet, our web of life expands through this direct mind-to-mind contact. And, through this process, groups of beings, cultures, and environments communicate with each other. The web grows tighter and broader every moment, linking us all together in this complex pattern. Tighter, in that we build more nets, more threads from place to place, which in turn makes the web denser. Broader, because the web covers more distance, more things, more thoughts, more emotions, and more communications. Ours is a collective experience. What you experience eventually travels across the web and impacts my awareness. Your joy is my joy. Your pain lives somewhere inside of me. Also, your fear is as pervasive. Likewise, my reactions ripple across the collective web of consciousness and influence your life as well. Generally, the influences are subtle; occasionally they become very profound. The noticeable impact is broad. It may take us a while to become aware of it, but it's there.

Think of the "hundredth monkey" model, in which one monkey on a south Pacific island started washing its sweet potatoes because they tasted better. That one monkey taught of couple of others, and they shared the information with just a few more. Then the information spread across their communication network, their web, and more and more monkeys began to come down to the water and wash their potatoes. The magic happened when this awareness reached critical mass with the hundredth monkey, and the behavior quickly spread to monkeys on other islands, who had no direct contact with the original band, It had reached the level of the species' collective consciousness. From this example, you see that we can make a difference by sharing our thoughts of peace, acceptance, growth, joy and asking people to share them with others. And suddenly, when our thoughts reach critical mass, they will quickly spread beyond our personal contacts through the web to everybody. Joy, acceptance, and love can be spread this way, and so can fear. It is important to remember that your experience feeds collective awareness, collective memory, every instant of your life. Every instant makes a difference int his collective webbing. What do you want your pattern to look like?

We have connecting bands of energy that link us all emotionally, mentally, psychologically, and even physically. Think of roads and telephone lines and communication forces like radio and television. We're connected. We live in bodies that have unique awareness. We all radiate patterns of vitality that connect us in this living web of experience. We assume responsibility when we start thinking of who we intend to be in the next moment, the next day, the coming millennium. There have been a lot of predictions, a lot of speculation on who we are becoming as a species. We take individual responsibility by spreading along that communication web what we wish to have returned to us. We are all the hundredth monkey. So send out only joy. We are moving through a process of evolution, and that evolution occurs as we shift from our place of planned ignorance – and it was very well planned – to a place of conscious awareness.

I ask who you intend to become next because we are being asked to prepare ourselves to move into our next learning opportunity as a species. The time of transformation is upon us; we're going through it right now. We will have lots of opportunities to let that take us, but change we must, change we are. The shift will be profound. It may be immediate or more gradual. We may not even notice the major change until it has happened. We may breathe one moment here and the next moment in another dimension. It all depends on the decisions we are making. Our collective consciousness, that web we are weaving, is taking on a unique pattern that has never been experienced in any way. We have the opportunity to create something new and magnificent, something totally unique. What do we want it to be?

We're being asked to integrate our light bodies, our high-soul selves, with our physical being. That means two things must happen. First, as we're already experiencing, our bodies must be prepared for the intense energy frequencies they will be required to accept. Second, our soul energies must find a way to manifest through physical form. Both changes require very intense recalibrations of energy. A lot of our brothers and sisters have found this task overwhelming, and have decided not to continue living through

the changes. There has been a mass exodus of souls leaving their physical being in a variety of ways: through war, sickness, and violence. Some have just quit living. Some of those souls have moved to higher energy realms and dimensions to act as our guides and our helpers. Most have probably returned to other time or dimensions to complete their learning experiences. Within the last decade every soul has been given an opportunity for choice, whether to live or die. I would expect that every reader of this book has, at some point within the last decade, come close to leaving the planet at least once, and several of you, multiple times. Every soul incarnated on the planet today has chosen whether to stay or leave. However, that choice isn't cast in stone. Everyone can change their minds at any point. We can handle the shift in many ways, but the most important aspect has to do with an awareness of how our shifting thoughts affect that web of consciousness.

It is important to note that many of us are going through a lot of physical change. In past experiences on this planet and others, in this dimension and others, when this kind of evolution has occurred, the physical body was shifted significantly. We seem to be finding a way for these physical bodies to increase in frequency so that our high-soul selves can become more manifest. We're expecting a great deal from these physical bodies. We aren't specifically designing anything brand new for this integration; we are adapting what we already have and moving with it. Historically, there has never been an experience where the bodies of living entities were transformed to house full-wisdom energies or high-soul selves. Its remarkable, its exciting, nobody knows what to expect. But we must not worry ourselves about what to expect, how to prepare, or how to react. Our high-soul self is already taking care of that. What's important is to be conscious, and that our intent be to gain the greatest wisdom we can and to become as connected as we can with all other beings. We must build that web. The angelic beings remind us that we are all wise beings and very brave. We've each chosen to be here. We've each selected a growth path with these very unique challenges. They commend and support us all. With their guidance we can get through it.

As we live through these changing times, move your fears – which manifest as prejudices – into a state of openness You aren't expected to move into a state of love and rapture immediately. That's where we're headed. Your first challenge is to open every wound of fear, every wound that fear has turned into hate, every wound that hate has turned into violence, and cleanse it as you would cleanse a boil.

It's up to you to challenge your views, not for anybody else. When you live in the isolation of fear, you cannot communicate across the web and discover what others have to offer you. Poke at the old fear, find out where they came from, their place of origin in this life and in others. You don't always have to know the original cause, just the original feeling. And forgive yourself for feeling that way. For me, forgiving means "giving forward" to that universal source. Giving forward to God, to the Tao, to the one mind, to the center of the web - whatever you may call it. But give it forward because you don't have to deal with it anymore. When fear burdens you, forgive it, give it forward. Forgive yourself for feeling that way. At the time you first had those feelings, you probably had a reason. But you've matured now, and you no longer need to hold on to those limiting bindings of fear. Cut them. Thank them for having been there. Ask what you've learned from them. Ask what you want to learn next. And then release them. It is unnecessary to carry the burden any longer. As you release your fears, you open more threads to this great web of consciousness. You begin to remember more when you remove those blockages. Know that all energy is good and powerful. It is only destructive when it becomes stagnant as in fear, when it is held captive against the natural flow, when you hold it too firm, when you try to control it too much. That is when good and powerful energy turns stagnant and destructive and needs cleansing. Go in and slowly release the energy, forgiving yourself and those who created the situation. Every hole will fill with something. It's up to you to fill it with something good and positive. Some new fun experience instead.

This may sound very simplistic, but my inclination is to look at very practical, everyday ways to bring the higher-wisdom self into balance. One way is to look at fear as immature love that you can forgive by giving it forward to another source and opening yourself to peace. That creates a very practical space in your life for doing something productive. When energy is trapped in fear, and you are constantly battling to control it so it doesn't run your life, you're expending a lot of energy just holding it together. There isn't time for contemplating the meaning of life or who you wish to be, or who you may have been, or who you're becoming. There isn't time. There isn't energy. There isn't space to become who you choose to be. You're simply fighting battles, trying to maintain your situation. "control over" is a losing situation. Nobody wins.

When you release the fear, you create an opportunity for healthy energy to come back into your life, to flow across the web with freedom. You are empowered by all the other energy moving at the same pace, and are moving into new places because you are empowered. You can respond and play without having to control. "Power over" is control; empowerment is "living with." As you move into empowerment, you win, I win, everyone wins, and we build higher and greater levels of enjoyment and wisdom. You suddenly have all of that free space in your life to move into healthy, playful, joyful, loving places. That gives you space to have a healthy physical and mental body. That's practical. When you choose freedom, your communication ripples come across the web, empowering me, those that you care about, and even those you don't. They each become empowered on a more joyful level. Then suddenly your life and your environment are more comfortable, as is mind and everybody's else. We are now living in a synchronistic flow with the whole. Synchronicity lives as this web builds and flows.

As you begin to feel more comfortable living in this place of empowerment, the next task is to share it. You can share it with a smile or a kind deed. You can share it by teaching. You can share it by example. You can share it by playing. I would challenge you to share your new sense of self at least a couple of times a week, so that you purposefully do what the bumper sticker says: "practice random acts of kindness.: That kindness will flow across the web, through consciousness, and flow back to you stronger than when it was sent out. When it travels out on that web, others pick it up. Some hold it to themselves and say, "Ahhh, this is wonderful!": Some take it and say, "This can't be true" and reject it. Enough hearts and minds find it and say, "This is wonderful and I'll build my joy on it." It spreads, and by the time it comes back to you, it has been magnified and made stronger. So you have more joy coming back to you than you sent out with that original act of kindness. That's being cosmic on a very real day-to-day basis. The point is that it always comes back stronger than you send it. If you want love back, send it out. Create and recreate your own world by being kind. We're building to that critical mass where suddenly everybody begins to shift.

The third trick is to pay attention and to be conscious. Pay attention to what is flowing out of you, around you, and back to you. Tune into the web. What's traveling across it right now? When you are conscious, you can choose which bits of data, which bits of energy to collect, and which to either detail and send back to the God for recycling, and which to shift, or enhance.

With intent, you selectively choose that which you want to become. This is a threefold journey based on the fact that your bodies are changing, your consciousness is shifting, and you're becoming new – brand new energy beings. You simply cannot help it. You chose to come into this life at this time, on this planet, in whatever situation you find yourself. You did that for a reason. Figure out what that reason is and what you want to do about it, and how long you want to stay here. Then purposefully connect, using that intent. Tune yourself with whatever focus technique you use – be it prayer, meditation, deep contemplation, or listening to music – and purposefully practice those random acts of kindness. Purposely direct the energy, recreating the world as you want it to be, as your high-soul self inspires you to create it. The ego or personality created by the bonding of spirit and body, can oftentimes interfere. That's one way fear is created. I am suggesting that you commune with your high-soul self regularly. That you bring that great wisdom into yourself and broadcast it on the net so that others may have the opportunity to pick it up and use it. Once you have gathered, listened, and shared, you can then move with purposeful intent out to the greater essence and the greater good. Then you will know why you are here, where you are headed, and what you want to do about it.

We'll experience all of these transitions together. This is your opportunity to nurture your connection with every other part of the divine power, the divine pattern. You can reach forward and grasp your power, discover what you're capable of doing. Manifest it through all the realities. It's all real. We say that this world is an illusion, yet as you experience it, its all very real. Overcome your mortal prejudices and fears. You can do the things you imagine. You just need to want the power and accept it. Begin small and let your powers build. You're a creative God-force, walking in partnership with a physical being. Look at the magic you hold. Its now time to prepare for what lies ahead by using these simple tools – just a reminder of what you already know. You made the choice to come here. You made the choice to experience this reality. You even made the choice to pick up this book and read it. On some level you felt ready for new growth opportunities. They are upon you and they will continue to accelerate.

Connect with your purpose. Bring forth your high-wisdom self. Let it be manifest. Become an ascended master, if that's the term you use. Move into the white hole. We've fallen into the black hole of "taking away," so now move into a place where we release the void. Out of that void comes the spinning procreative process of the white hole where we create. Move into the white light of re-creation with grace, dignity, courage, and intent. We are all at last ready and willing. You are remembering. You are taking action. Be you in all of your glory. Let your soul's highest essence manifest through you, of you, and with you. Be yourself. Be. All that we can do is simple be. That's the plan. Blessed be!