

# Addressing the Emotional Component of Energetic Body Work



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# Emotional Impact



How productive is your emotional landscape?

No matter what the current state of your health may be...



Your emotions are having a profound impact on your life!



Emotions impact who you are, how you live and what you do every moment of every day



Emotion  
= E-motion  
= Energy in  
Motion



- Feeling and Living the Energy of Life



# Emotional Impact

- Emotions impact how you move energy through your system and how that energy impacts you life systems.
- Thought is a form of energy. It also controls the way you utilize energy.
- Emotions are the carrier wave for life-force energy.



Is your mental force of will is the most important component of your daily life?

No!

it is only a component part



# Components



Emotional Reactions

Pre-Actions  
(prior notions and beliefs)







What you *think* or  
*believe* controls 10% of  
your life force...

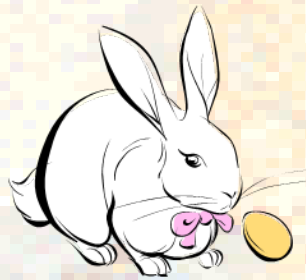


While what you *feel*  
controls 90%.





Animals live on emotions much more than humans

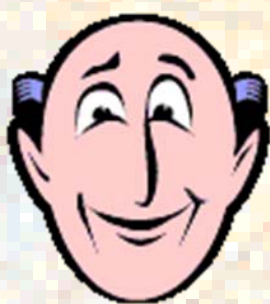




# See For Yourself

A little exercise...

Positive emotional situations nurture people and animals to develop healthy bodies





Negative situations create blockages and disruptions in the energetic flow patterns





# Emotional traumas set up etheric weaknesses



- Openings for health challenges



The original opening created by emotional trauma is the original causation and it must be considered and healed before true physical healing can occur

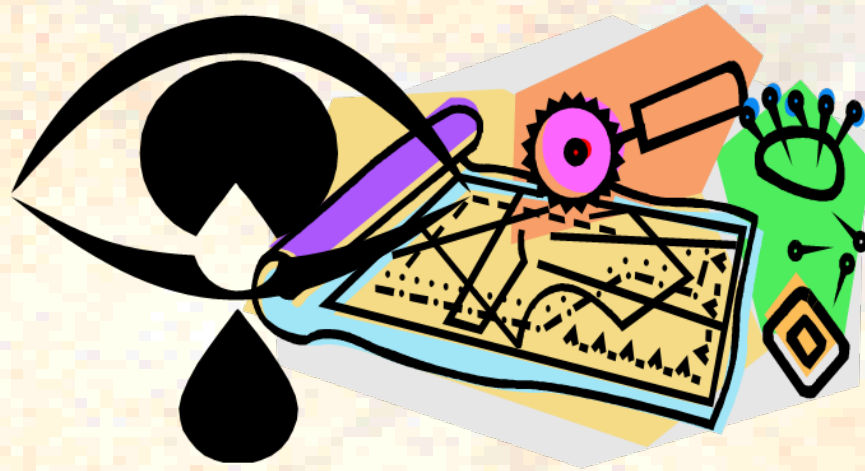


Emotional pain is  
insidious and grows at  
an extraordinary rate



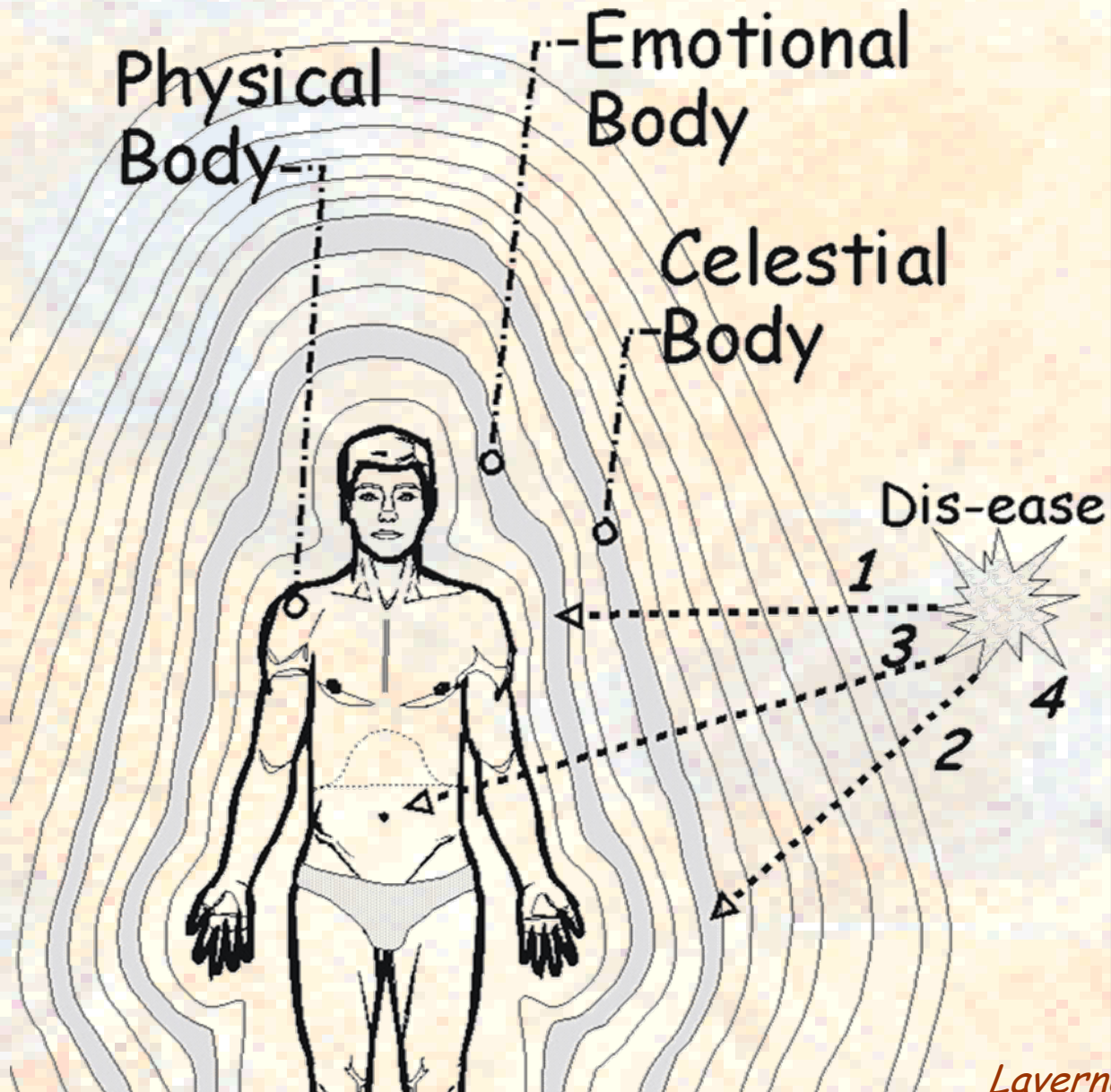
It spreads and grows  
far beyond the original  
stimulation

# Pattern of Emotional Trauma Response





# Disease Pattern





# Emotional Trauma Injury Examples

some of the connections between  
disease and emotional issues

- Low Back
- Upper Back
- Middle Back
- Knee
- Foot
- Asthma
- Constipation
- Diarrhea
- Breast



# Clearing Emotional Trauma Responses

An important consideration for any health practitioner



For anyone to truly benefit from therapeutic treatments it is essential that the emotional bodies and self-defeating energy patterns be corrected



# Negative thought patterns can grow and take over a system



The initial trauma  
becomes a causative  
pattern of illness or  
injury





# Negative energies can be cleansed



- Help the individual connect to the original pain
- Spread personal strength and comfort through the impacted systems




Healing energies can spread even more quickly and powerfully than the negative energies



# Working with individuals in therapeutic sessions

- What the practitioner can do



- 
- Locate the damaged areas
  - Begin working to repair the damage
  - Simultaneously seek clarity about the original emotional causation
  - Look for ways to discuss the issues with the client
  - Work with the client's emotional memories and responses

It is important to build a sense of belief and purpose in both the client and the practitioner during these sessions






This is when optimal health patterns can be developed



- It helps the individual move beyond a temporary fix to a chance for permanent healing

*Individuals make the decision about their own degree of personal health.*



*Each person selects whether to accept or deny the gift of possibilities.*

# Examples

#1 -- A dog called Lady



#2 -- A man with Asthma



#3 -- A personal Example



# Be Aware...



- Therapeutic practitioners can work on the Living Energy System and have significant results

If the emotional connection to the damage is overlooked, it is common for the individual to recreate another health challenge that resonates with the emotional distress





It is essential to  
address the whole  
individual



Look beyond the  
symptoms to the  
causation



# An individual's emotional landscape. . .



Once emotional health is reached, the magic begins



*I look for joy, harmony  
and growth  
opportunities in all  
situations.*





# Emotions



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